



# SIGMA BETA CLUB RISE AND THUNDER PROGRAM LEVEL: LIGHTNING

**SBC MEMBER NAME:** \_\_\_\_\_

### (L1) Literacy {3, 5, 6}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS

### (L2) Scrapbook {5}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS
			NA	NA

### (L3) Job Shadowing {5}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS

### (L4) Sigma Beta Athletics {2,5}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS

### (L5) Digital Profiling {5, 6, 9}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS
			NA	NA
			NA	NA

### (L6) Anti-Bullying {1, 7, 9}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS

### (L7) Childhood Obesity Event {1, 5, 7}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS

ONCE COMPLETED UPLOAD TO THE WEBSITE @ <https://www.pinellascountysigmas.com/dos-sigma-beta-club>

\_\_\_\_\_ VOLUNTEER HOURS WERE COMPLETED DURING THE \_\_\_\_\_ CALENDAR YEAR

DIRECTOR SIGNATURE: \_\_\_\_\_



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**SBC MEMBER NAME:** \_\_\_\_\_

### (L8) College Tour {3, 5}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS
			NA	NA
			NA	NA
			NA	NA

### (L9) Sigma Beta Against Teenage Pregnancy Plus {5, 7}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS

### (L10) Peer Pressure {7, 9}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS
			NA	NA
			NA	NA
			NA	NA

### (L11) Financial College Planning {3, 5}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS
			NA	NA
			NA	NA
			NA	NA

### (L12) Employability {3, 5, 6,}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS
			NA	NA

### (L13) Public Speaking {1, 5}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS
				NA
				NA

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**SBC MEMBER NAME:** \_\_\_\_\_

### (L14) Mentoring {5}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS

### (L15) Community Service {4, 5}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS

### (L16-19) Local Activity (4 Activities) {1, 3, 4, 7}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS

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